

**It's Time to Celebrate!**

**The Special Days in **May****

**MY PLATFORM**

**Health and Public Safety**

American Bike Month  
Asthma and Allergy Awareness Month  
National Mental Health Month  
National Physical Fitness and Sports Month  
May 12-18: National Police Week  
May 12: International Nurses Day

**Balanced and Managed Growth and Development**

Transportation Month

**Education and Career Development**

May 12-18: Teacher Appreciation Week  
May 18: International Museum Day  
May 18: Visit Your Relatives Day  
May 23: Penny Day

**Civic Engagement**

Older Americans Month  
May 19: Armed Forces Day  
May 19: Peace Day  
May 25: National Missing Children's Day

**May, 2nd Sunday: Mothers Day**

**May 30 (official): Memorial Day**